Central Fairfax Optimist

By providing hope and positive vision, Optimists bring out the best in youth, our communities, and ourselves.

Hope Lives Here



October 2023

https://fairfaxoptimist.org

Central Fairfax Optimist Club P.O. Box 1271 Fairfax City, VA 22038 Email us at fairfaxoptimists@gmail.com Board meeting 2nd Tuesday each month at the VFW 8469 5703 Vogue Road 730PM. Zoom Jan-Feb. Club dinner meetings April-July on 4th Wednesday @ Elks Lodge, 8421 Arlington Blvd.



OI President:

Tracy Huxley oitracyhuxley@gmail.com

Ol Vice President: Donna Aker donna aker@hotmail.com

Capital Virginia District Governor: Skip Foy (757) 870-0766 recre8tor@yahoo.com

Lieutenant Governor Zone 4: Anava Grabowski (540) 341-8203 grabo.anno@comcast.net

Central Fairfax Optimist Club

President: Dee Rushforth (703) 625-8946 dee.rushforth@gmail.com

Vice President: Anava Grabowski (540) 341-8203 grabo.anno@comcast.net

Vice President: VACANT

Secretary: VACANT

Treasurer: Sue Bond 703-425-0309 sbond1@gmu.edu

Club Foundation Rep: Michele Hanson 703-425-1036 michele.hanson@gmail.com

Governor Foy Inducts New Board of Directors



Capital Virginia District Governor Skip Foy inducted President Dee Rushforth and our Club's new Optimist Year 2023-2024Officers and Board of Directors. Gov. Foy is requesting every member donate a Dime-a-Day to the OI Foundation.



Thanks Claudia!

Thanks to Claudia Morcelo's outstanding leadership and dedication, our Central Fairfax Optimist Club had a successful year making a difference in the lives of many children.



Hot News

Looking forward to our newest active members Maxwell Osei Anokye, Vanessa Leader, and Joan White to help us make a difference in the life of our children! Lee Kauffman, a former Friend of Optimist, is now a regular member of our club!

As the 2023-2024 Optimist year begins, we have two vacant positions: Vice President and Secretary. Please volunteer for one of these critical positions!

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What's going on?

OCTOBER 2023

- **4** Inter-Service Club Council 12-1 pm @ the Moose Lodge 3529 Chain Bridge Rd. Fairfax (Dee Rushforth and Trinket Troy will represent the Club at the ISCC meetings)
- **10** Club Board meeting 7:30 pm @ Rushforth's 9805 Lord Ct. Fairfax
- **21** Army Museum tour 1pm RSVP to Bob Devery trends04@verizon.net
- **25** Club dinner meeting 7pm for social time; dinner served at 7:30 @ Elks Lodge 8421 Arlington Blvd. Fairfax Halloween Costume party (Trinket Troy will coordinate dinner meetings)

NOVEMBER 2023

- **1—** Inter-Service Club Council 12-1 pm @ the Moose Lodge 3529 Chain Bridge Rd. Fairfax
- **TBD** Zone meeting prior to District meeting (Anne Grabowski is our Lieutenant Governor)
- **14** Club Board meeting 7:30 pm @ VFW 8469, 5703 Vogue Road, Fairfax Station
- **15** Club social activity TBD planned by Bob Devery.
- **17-18** District meeting, Parham Road Baptist Church located at 2101 N. Parham Rd., Henrico, VA 23229
- **TBD** Toy drive for INOVA Children's Cancer Ward begins
- **TBD** Essay Contest notification to schools, etc. (Douglas Harden)

BIRTHDAYS

OCTOBER

2nd Dee Rushforth 28th Joan Burton

NOVEMBER

2nd Kim Andray 3rd Patty Flanagan 22nd Brett Evans

ANNIVERSARIES

OCTOBER

3rd Lee and Heather Kauffman

NOVEMBER

None this month. Let's recruit someone!!

FINANCE SUMMARY (10/8/23)

Operating Account \$1,049.66

Community Service \$7,437.04

Youth Fund (6/30/2023) \$4,148.96

Club News



PRESIDENT'S POINTS

Happy Optimist New Year to all And many thanks to for a great past year with Past President Claudia Morcelo. It was refreshing to have a President after a notable vacancy in that position.

We have an exciting year ahead of us. The fantastically generous donations from the Smiles for Centreville Cosmetic and Family Dentistry practice has provided funding for our scholarships and other community service projects and programs. Dr. Bruce Hutchison, DDS, received a Student of the Month Award from an Optimist Club when he was a Freshman in high school. This is just one example of the impact we can have on a child that becomes a lasting memory.

Our club's collective and individual generosity is needed to enable Optimist International to continue its support for our scholarship contests and many other activities. Our Capital Virginia Governor's goal is for every club member to contribute just ten cents a day to the OI foundation. It's a leap year in 2024 so that is just \$36.60. A flyer will be coming with your dues statement.

Your Club and Board of Directors have challenges in the year ahead. You have elected a strong group of dedicated Optimists and our Club's members have always helped with our community service projects. We were so very sorry to lose our Club Secretary, Toni Actin, due to an auto accident that left her injured and unable to continue with our Club. We are hoping she can rejoin us in the future. We really need one of you to step up and fill this important position. It is not an onerous job and is a vital link with Optimist International. We also need a second Vice President since Bruce has left as well.

Communication is critical for any organization and especially **YOUR** Club. Your continued support has been amazing. We will continue to communicate through the newsletter, our club's website www.fairfaxoptimisst.org, emails, phone calls, texts, social media, and whatever it takes to keep all members informed. A club roster will be sent to you periodically. This is for our internal use only. Club events will be published in the newsletter, on the web page, and as need by other media.

We will continue to do community service according to the needs of the community and the interests of our members. As we get new members to join our club, we may expect to try different activities. Bob Devery leads the way to offer social activities that will give us a chance to enjoy each other's company.

In closing, we are sad to lose two really good Optimists: Toni Acton and Bruce Lauther. Many thanks for their support and contributions. They will be hard to replace. That's enough points for now! Thanks to everyone for your continued support.

Yours in Optimism,



President

Club News (continued)



Club Board is Installed by CAPVA Governor Skip Foy





Those Present: Left to Right: Bruce, Maxwell, Anne, Sue, Dee, Vanessa, and Fred.

CAPVA District Skip Foy

CENTRAL FAIRFAX OPTIMIST CLUB

2023-2024 OFFICERS

PRESIDENT DEE RUSHFORTH
VICE PRESIDENT ANNE GRABOWSKI (also Lieutenant Governor, Zone 4)
VICE PRESIDENT (VACANT)
SECRETARY (VACANT)
TREASURER SUE BOND

DIRECTORS

MAXWELL OSEI ANOKYE
BOB DEVERY
MICHELE HANSON
FRED KAISER
VANESSA LEADER
TRINKET TROY

APPONTED POSITIONS

CLUB FOUNDATION REPRESENTATIVE MICHELE HANSON]
SARGENT OF ARMS "TBD"

Club News (continued)

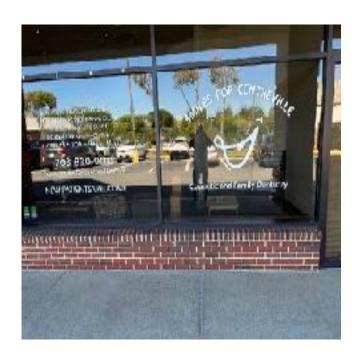


A Generous Donation

In the early spring, President Claudia through a family contact arranged for an early morning presentation on our club activities and the world of Optimist International for a Dentistry "Smiles for Centreville", 14245 Centreville Square, Centreville, VA 22021.

The assembly of dentists and assistants were very responsive and enthusiastic. Some acknowledged experiences with optimism earlier in their lives. They indicated they would be contributing a portion of their profits from teeth whitening to our club in the fall. President Claudia and Dee returned for our visit to receive a check of \$7,053.50 on September 28th. Claudia presented a plaque to express our appreciation for their donation.







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Club News (continued)



A Generous Donation (continued)



Dr. Bruce Hutchison never forgot the time a local Optimist Club honored him when he was a Freshman and was chosen as Student of the Month.

This is an example of an Optimist Club making a difference in the life of a child!



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Club News (continued)



Maxwell Anoyke: Rookie of the Year

One of our newest members, Maxwell Anoyke, was selected as our Club's Rookie of the year for Optimist Year 2022-2023. He has been in the forefront of projects, activities and events for our Club. Maxwell is also the President of an Optimist Club in Ghana. In 2022, he purchased over five dozen student desk/chair combinations for a school in his former home town. In 2023, he contracted and arranged for the drilling of a well and building of water storage tank for the school.



Before the Optimist International Convention in Crystal City this past July, he announced his plan to build a new Junior High School in Ghana. This school will serve up to 150 students who currently walk up to two hours of walking to their current school. Our Board of Directors approved the project to raise the finances needed to build the school and furnish it with desks and chairs.

We are waiting for the detailed estimates from Ghana. The initial estimate is in the \$6,000 to \$10,000 range for the building, desks and chairs. There have been a number of individuals and clubs that are interested in supporting this project, and we are optimistic that we will be able to raise the funds.

What a difference this will make for the children!!

CLUB WILL SPONSOR MORE SCOUTS

Our club was asked by the Maryland Optimist District Governor to sponsor a second Cub Scout Pack and two Scout Troops - one for girls and one for boys. We currently sponsor a Cub Scout Pack at Daniel's Run Elementary School. Dave Gundry is our club representative for this Pack. The Pack and Troops were previously sponsored by Methodist churches. Although they still meet at their respective churches, their sponsorship ended.

We consulted Optimist International and were informed that other Optimist clubs assumed sponsorship or that new Optimist clubs were formed from the scout's parents. Dave Gundry agreed to be our club's representative for the Cub Pack that meets in his church. Fred Kaiser agreed to be our club's representative for the boy troop and the girl troop. Both Dave and Fred are experienced Scout leaders. Our Board of Directors has approved the additional sponsorship.

CAPVA District News



District Meeting Registration



Parham Road Baptist Church 2101 N. Parham Rd. Henrico, VA 23229

Hotel TBD

EVEN T	COST	QUANTITY	TOTAL
Registration	\$25.0 0		
Guest / First Timers Registration	FREE		
Lunch			
Dinner	TBD		
		TOTAL	

Make Checks Payable to CAP VA District Optimist

Mail registration and check to:

Chester Grizzard 3102 Frederick Ave. Colonial Heights, VA 23834 (804)536-3989

Questions: Email or Call Chester Grizzard Email: clblgrizz@aol.com (804)536-3989

Member	Club
Member	Club
Guest / First Timer	
Guest / First Timer	

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The Puzzle!



Happy Optimist New Year! Great projects! New members! Huge donation! Dime-a-Day record opportunity! Halloween Party! More Scouts! WOW!!! Find 20 words to put you in the Fall spirit. Promise Yourself

L	L	Υ	D	А	S	Т	R	L	L	Ε	\subset	Ν	L	0
\subset	Ε	Z	Ν	0	J	Т	L	Н	L	Ε	Н	0	I	\subset
S	Н	А	0	Υ	0	А	S	В	А	F	I	I	\subset	Т
R	Н	Ε	٧	W	В	F	U	Ε	В	W	L	S	0	0
G	×	×	Ε	Ε	S	А	F	Ε	Т	Υ	D	I	W	В
D	٧	٧	S	R	S	W	Н	Ε	0	\subset	R	٧	\subset	Ε
Ν	J	А	\subset	Ε	L	L	Р	Н	0	Ν	Ε	S	×	R
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L	0	А	Т	R	D	R	Ε	Н	\subset	А	Ε	Т	G	М
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Р	Р	Ε	\subset	I	Т	S	I	М	I	Т	Р	0	U	Ε

Print this page and circle the words or just go down the list and find them.

Words can go in any direction. Words can share letters as they cross over each other.

BAND
CELLPHONES
CHILDREN
FALL
FOOTBALL
HALLOWEEN
OCTOBER
PLAYOFFS
SCHOOL
TESTS

BASEBALL
CHEERLEADER
EXCITEMENT
FOOD
GHANA
LEAVES
OPTIMISTIC
SAFETY
TEACHER
VISION

What words would you like to see in November's puzzle?
Send a theme to:
fairfaxoptimists@gmail.com

And in conclusion!!



The Optimist Creed

Promise Yourself --

To be so strong that nothing can disturb your peace of mind.

To talk health, happiness, and prosperity to every person you meet.

To make all your friends feel that there is something in them.

To look at the sunny side of everything and make your optimism come true. To think only of the best, to work only for the best, and to expect only the best. To be just as enthusiastic about the success of others as you are about your own.

To forget the mistakes of the past and press on to the greater achievements of the future.

To wear a cheerful countenance at all times and give every living creature you meet a smile.

To give so much time to the improvement of yourself that you have no time to criticize others.

To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.

Christian D. Larson

Mission

By providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.

Vision

Optimist International will be recognized worldwide as the premier volunteer organization that values all children and helps them develop to their full potential.

Purposes

- 1. To develop optimism as a philosophy of life utilizing the tenets of the Optimist Creed;
- 2. to promote an active interest in good government and civic affairs;
- 3. to inspire respect for the law;
- 4. to promote patriotism and work for international accord and friendship among all people;
- 5. to aid and encourage the development of youth, in the belief that the giving of one's self in service to others will advance the well-being of humankind, community life and the world





Contact our own Bob Devery to plan your travel.

Thanks for your support Bob!

bdevery@cruiseshipcenters.com

Prestige Dental Specialists

14245-P Centreville Square Centreville VA Thanks so much for your support!